FINAL EXAM DECEMBER 2012 NATIONAL BOARD OF EXAMINATIONS

## SOCIAL & PREVENTIVE MEDICINE

#### PAPER-I

	: 3 hours : 100 questions in order. ion carries 10 marks.	SPM/D/12/45
1.	What is FRU (First Referral Unit)? What are the critical determinants of facility being declared as FRU? Discuss role of any one determinant in reducing maternal & child mortality.	2+3+5
2.	What is behavior change communication (BCC)? Describe its role in prevention and control of diabetes in adolescents.	4+6
3.	Enumerate the components of Reproductive & Child Health Programme. Describe the strategies for prevention and control of reproductive tract infections.	4+6
4.	What are MDGs (Millennium Development Goals)? Discuss the goals related to child health.	4+6
5.	Enumerate salient features of JSY (Janani Suraksha Yojana). Discuss the indicators used to evaluate this scheme (Process, input, output & outcome).	3+7
6.	Describe job functions of Health Care Worker Female/ANM, Anganwadi Worker (AWW) and Accredited Social Health Activist (ASHA) in context of coordinated functions under NRHM.	4+3+3
7.	Enumerate salient features of 'National Policy for Empowerment of Women'. What institutional mechanisms have been suggested in the policy? Describe briefly the role of legislation in the policy for empowerment.	4+3+3
8.	Define Infant Mortality Rate (IMR). Discuss various maternal causes and preventive measures to reduce IMR in Indian context.	2+(4+4)
	Define sex ratio. What are the factors affecting sex ratio in Indian context? Describe in brief PC-PNDT Act and provisions under the Act.	1+3+6
10.	What is IMNCI? Enumerate the principles of integrated case under IMNCI. Describe steps of case management process under IMNCI	2+3+5

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PAPER - II

Time Max. Mar	: 3 hours ks : 100	SPM/D/12/45/II
	all questions in order. stion carries 10 marks.	
1	What is exclusive breast feeding (EBF)? Describe in brief five advantages of EBF. Enumerate components of Baby Friendly Hospital Initiative.	1+4+5
2	What is Perinatal Mortality Rate? Enumerate important causes of perinatal mortality in India and discuss strategies envisaged to reduce perinatal mortality.	2+(3+5)
3	Enumerate commonly encountered adverse events following immunization. Plan a strategy to investigate the same at PHC level.	6+4
4	Enumerate preventive interventions for under-five children under Reproductive and Child Health Programme in India. Describe in brief the role of zinc in diarrhea management under IMNCI.	4+6
5	Discuss the epidemiology of congenital malformation in Indian context and outline the steps for prevention of the same.	10
6	What is safe abortion? Describe importance of safe abortion and steps taken by Government of India to address the issue.	2+(3+5)
7	What is genetic counseling? Describe types of genetic counseling and role of screening in management of genetic disorders.	2+(3+5)
8	What are the uses of growth chart? Critically describe the monitoring of growth of under-five as an activity undertaken by Anganwadi workers.	3+7
9	What are the objectives and components of post natal care? Discuss the role of ASHA in providing Post natal care.	(3+4)+3
. 1	). What is social Marketing? Discuss the role of social marketing in Maternal & Child Health.	2+8

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#### PAPER - III

SPM/D/12/45/III Time : 3 hours Max. Marks : 100 Attempt all questions in order. Each question carries 10 marks. Enumerate salient features of National Policy on Older 5+(3+2)Persons. What are the constitutional and legislative provisions for the elderly in India? 2+8 2. What is geographical information system (GIS)? Describe the use of GIS in various health programmes. 2+8 3. What is the primary goal of NACP III (National AIDS Control Programme Phase III)? Discuss the strategies for prevention of HIV/AIDS in general population under National AIDS Control Programme. 4. What are Indian Public Health Standards (IPHS)? 2+(3+2.5+2.5)Discuss the scope, applicability and monitoring mechanism of IPHS 5. Define drug resistant tuberculosis. Enumerate the 2+5+3 strategies for its prevention and management. Outline the responsibilities of health care providers regarding drug resistant tuberculosis. 6. What is emergency contraceptive? Discuss its need, 2+(2+2+2+2) mechanism of action, merits and demerits. 7. What is social mapping? Outline the methods of social 2+(4+4) mapping and its use in qualitative studies. 8. Outline the objectives of National Programme for Control 3+7of Blindness. Discuss steps of micro-planning for prevention and control of blindness at distinct level. What are the objectives of National Cancer Registry 3+7Programme? Enumerate evaluation criteria of National Cancer Control Programme. 10. Enumerate health problems of adolescents. Discuss in 6+4 brief Adolescent Reproductive & Sexual Health (ARSH).

POSSESSION / USE OF CELL PHONES OR ANY SUCH ELECTRONIC GADGETS IS NOT PERMITTED INSIDE THE EXAMINATION HALL.

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### PAPER - IV

Tin Ma	ne x. Ma	: 3 hours arks : 100	SPM/D/12/45/IV
		all questions in order. sestion carries 10 marks.	
	1.	What is nested case controlled study? Discuss in brief the methodology and advantage of the study.	3+(5+2)
	2.	Describe Johari window, its importance, uses and application in management.	3+2+2+3
	3.	What is verbal autopsy? Describe the use, importance and instrument used in context of maternal deaths.	2+(2+2+4)
	4.	Discuss the sampling methodology covering:  a) Sample size,	2+2+2+2+2
		<ul> <li>b) Adjustment of sample size,</li> <li>c) Sample design,</li> <li>d) Sample selection, and</li> <li>e) Mapping and listing operation, in context of National Family Health Survey (NFHS) Round 3.</li> </ul>	
	5.	Define monitoring and evaluation. Describe the steps involved in evaluation of National Mid-Day Meal Programme.	2+8
	6.	What is social audit? Describe the role of PRIs (Panchayati Raj Institutions) in Social Audit?	4+6
	7.	Write briefly on leadership and motivation. As an in-charge of Community Health Center (CHC), how would you motivate your subordinates?	(3+3)+4
	8.	What do you understand by counseling? Enumerate steps of counseling. Briefly describe the role of counseling in context of HIV/AIDS.	2+4+4
	9.	What is asbestosis? Enumerate mechanism of action, diagnosis and prevention of asbestosis.	2+(3+3+2)
	10.	What do you understand by materials management? How will you implement and do inventory control in Primary Health Centre as a Medical Officer in-charge?	3+2+5